

# Wellness in the Workplace

April 2017



## Aviation FREE Biometric Health Screenings

GE Aviation employees and spouses can register today for a free health screening on **April 4, 5 & 6** in the Building 800 auditorium. Participants will get screened for cholesterol, blood pressure and blood sugar, and also meet one-on-one with a health professional to discuss their results. To reserve your time slot, visit: [www.hsscreeningreg.com](http://www.hsscreeningreg.com) (login: aviation password: evendale)

Screening Location	Date	Time
Evendale 800 Auditorium	April 4, 5, 6	5:30a-10:30a & 2:30p-5:30p (April 5th only)
North Pointe 1 Global & Command C/R	April 11, 12, 13	6:00a-10:00a
Erlanger	April 18	5:00a-8:00a, 1:00p-4:00p
ACSC- CPL	April 19	5:00a-9:00a, 1:00p-4:00p
ACSC—Symmes	April 20	5:00a-8:00a, 1:00p-4:00p
Princeton Hill	April 26	7:00a-11:00a

## Optum Live and Work Well Services

### “Managing Conflict and Difficult Behaviors”

Presentation will be led by Mary Jo Butler Fingerhut, MSW, LISW-S, your Live and Work Well Specialist. Lunch will be provided when you RSVP to [Mary.Butlerfingerhut@ge.com](mailto:Mary.Butlerfingerhut@ge.com)

	1 <sup>st</sup> Shift = 10:30a-11:30a	2 <sup>nd</sup> Shift = 7:00p-8:00p	3 <sup>rd</sup> Shift = 11:30a-12:30a
Wednesday, April 5	302 M classroom		
Wednesday, April 12	500 DMO Mezz G25	700 MIC Room Db2	
Wednesday, April 19	700 MIC Room Db2	500 DMO Mezz G25	700 MIC Room Db2
Thursday, April 27	800 Auditorium		

## Hoxworth Blood Drive

Just one pint of donated blood can help save as many as 3 people’s lives. Donate today! Wednesday April 19th, 10:00a-4:00p , held in the Evendale 800 auditorium. Register at: [Hoxworth.org/groups/ge](http://Hoxworth.org/groups/ge)

## GE Family Wellness Center Pharmacy Benefits

Do you need help remembering to refill your prescriptions? Let your GE Family Wellness Center Pharmacy Team remember for you! The GEFWC Pharmacy offers HealthMinder, a service to help you anticipate your refills and have them ready before you run out. Call us today to see how we can help at 513-853-8999.

GE Fitness Center

Managed by TriHealth

GE Family Wellness Center

Managed by TriHealth