

Wellness in the Workplace



The Partnership: Nutrition and Anxiety/PTSD

Join us for the next installment in this series to learn more about how our mental health can be impacted by the foods we eat.

August 21st; Learning Centre Moss Hall

11:30a - 1:00p

RSVP and reserve a lunch: <http://surveys.ge.com/create/411320>



Safety Day; August 9th

Stop by the TriHealth tables in the Learning Centre to learn about all the health and wellness tools and perks available to you as a GE employee.



Blood Drive

Hoxworth Blood Drive— One blood donation can save 3 lives.

Wednesday, August 1st ; 800 Auditorium

10:00a.m.—11:45a.m. & 1:00p.m.—4:00p.m.

Register for your appointment: <http://hoxworth.org/groups/ge.html>



Dermatology appointments available August 9th at the GE Family Wellness Center. Schedule your appointment by calling (513)853-8900.



Gynecological services available onsite August 20th at the GE Family Wellness Center. Schedule your appointment by calling (513)853-8900.

Mobile Mammography onsite in Evendale August 9th. To schedule an appointment, call: (513)686-3300. Mobile Mammography onsite at North Pointe August 14th.

To schedule an appointment, call: (513)569-6565.



GE Family Wellness Center Pharmacy Transfer and Earn Program

Take advantage of the Transfer & Earn Program through August 31st.

Call (513)853-8999 for more details and to get started.

Optum Live and Work Well Series: Communicating with aliens

Learn how to communicate with your child. Each presentation will be led by Mary Jo Butler Fingerhut, MSW, LISW-S, your Live and Work Well Specialist. RSVP to Mary.ButlerFingerhut@ge.com

	1 st Shift = 10:30a-11:30a	2 nd Shift = 7:00p-8:00p	3 rd Shift = 11:30p-12:30a
Wed. August 1	302 M Classroom		
Wed. August 8	500 DMO Mezz G25	500 DMO Mezz G25	
Wed. August 15	700 MIC Room	700 MIC Room	700 MIC Room
Wed. August 23	800 Medical Bb5		

GE Family Wellness Center

Managed by TriHealth

HealthAhead
GE for Me

GE Fitness Center

Managed by TriHealth